

## Positive Alternatives 2016 - 17 Quarterly Update

**Grantee (Name and city):** Helping Hand Pregnancy Center, Worthington

**Contact:**

**Phone and Email:**

**Goal:** Support, encourage and assist women in carrying their pregnancies to term and caring for the baby until they're one-year-old.

**For the period/quarter:**

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Hiring, Orientation, Volunteer Coordination, Staff Assessment and all administrative duties.		Administrative Duties continued with emphasis on improving client visit documentation.	
<b>Outreach</b>	Multimedia Advertising, Publicity, Community Education, Fairs, Parades, Professional Meetings, Networking activities.  All are intended to increase the amount of services provided to at risk clients.		We focused on our new College Outreach at MN West. We are excited to have a dedicated place and time to meet individuals in our high-risk group.	
<b>Case Management Services</b>	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services. This will include use of the Necessary Services Tool, Adverse	47	We pride ourselves in getting acquainted with our clients and providing holistic care and encouragement.	68

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
	<p>Health Concerns Checklist, Networking, and client interviews.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
<b>Interpreter Services</b>	Our bilingual employee will provide Spanish language as needed.	34	Our new Spanish-speaking employee is doing very well. She's had an easy transition because she knows the community and culture so well.	38
<b>Life-Skills Education Program</b>	<p>Increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting and co-parenting. Provide Life Skills Education which may include units such as "Ready for Relationships", "Discipline with Love and Logic", "Magic 1-2-3", money management, conflict resolution, stress management, and overcoming Habits and Hang-ups.</p> <p>Provide car seats, pack n' plays, other incentives, materials for documenting family life experiences (workbooks, journaling, photos and scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	40	Parenting is hard work, and we teach clients ways to parent intentionally.	49

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Mentoring Programs</b>	<p>Service which identifies and encourages young women age 12-26 and/or first trimester of pregnancy (or parenting) to receive programs and services.</p> <p>Due to their high vulnerability they would receive careful Case Management to increase their knowledge, resources, and access to life-affirming medical care.</p> <p>Opportunity to earn incentives, and document their experiences using journaling photos and/or scrapbooking.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	18	We focus on these young women who are extremely vulnerable when faced with an unexpected pregnancy.	40
<b>Parenting Education</b>	<p>Increase basic knowledge and skills for all enrolled parents of infants in a class series of Birth to 12 months. This includes Nutrition (infant &amp; adult) Safe Sleep, Car Seat Safety and car seat installation/inspection under the direction of a Child Passenger Seat Practitioner or Technician.</p> <p>Provide car seats, pack n' plays, incentives and materials for documenting parenting</p>	37	Parent of newborns are very eager to learn how to care for them. Some of the current parenting trends are good and safe, but other trends should be avoided, and we help parents make important decisions.	36

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
	<p>experiences (journaling, photos, scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
<b>Pregnancy Education</b>	<p>Provide full list of education options covering all trimesters; offer incentives and a one-month supply non-prescription Prenatal Vitamins for enrolled clients of all ages; special outreach to women 20-24.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	37	Another employee received continuing education so that she can help clients prepare for Labor and Delivery.	40
<b>Provide Necessary Services to all clients</b>	<p>Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p>	44	It is important to take time to assess the basic needs of our clients, and help them in areas that are lacking.	68

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
	Utilize resource database to provide information and make referrals.			
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	2	There are always a couple clients that aren't able to attend regular appointments.	3

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	11
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	50
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	44
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	44
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	9
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	51

**Challenges:**

**Comments:**